

Uniform Policy

1. Purpose

The Greensborough Junior Football Club regards the uniform as an important aspect of our image and general philosophy. We expect all members to wear the uniform with pride and self-respect. A Club uniform enables members to have pride in their own appearance, instil recognition of themselves as an integral part of the Club's community, and assists in developing pride in representing the Club.

2. Scope

To actively support this commitment, the GJFC will promote a uniform code that reflects the values and interests of our community. Members are expected to comply with the uniform requirements. Members and Officials will maintain and enhance the positive image of the Club in the community and be of a standard that brings pride and credit upon the Club.

3. Policy

Accordingly, the GJFC will implement the following actions:

1. <u>Game Day</u>

- The colours of the GJFC shall be a combination of green, white, and black.
- All club uniforms (guernseys, shorts and socks) worn in NFNL matches must be supplied by NFNL licensed suppliers and ordered through the NFNL.
- All teams shall wear their registered club-coloured shorts, at all home games.
- All teams visiting as the away team are required to wear white shorts (with exception to under-9 and under-10 competitions) unless permission to use another colour for away shorts is given by the NFNL. All shorts shall be supplied by manufacturers as approved by the Board from time to time.

Compression Garments

- For competitive age groups (under-11 to under-17), compression garments worn by players beneath the uniform on the upper and/or lower body must not extend beyond a player's football jumper and/or shorts.
- For uncompetitive age groups (under-9 and under-10), compression garments worn by players beneath the uniform on the upper and/or lower body may be full length and extend beyond a player's jumper and/or shorts.
- For all age groups, compression garments worn by players beneath the uniform on the upper and/or lower body must be completely **beige** in colour.

• All other garment types are not permitted to be worn in addition to a player's uniform unless prior approval is granted by the League.

Player Boots, Jewellery and Protective Equipment

A Player shall not wear during a match:

- Any form of jewellery; the taping of piercings is prohibited unless prior approval is given by the Club.
- Protective equipment (other than protective equipment approved by the NFNL) unless the field umpire is satisfied that the item does not constitute a danger or increase the risk of injury to other players competing in the match.
- Protective equipment which has been approved by the NFNL, if the field umpire is satisfied that such equipment has, during the match, become dangerous or increased the risk of injury to other players.
 - Protective equipment includes but is not limited to: Hard shell helmets, knee braces, shoulder pads, back supports, arm guards and any other item designated by the NFNL.
- Metal stops (inc. tips)/studs/plates/cleats.
- Gloves: players are not permitted to wear gloves unless they have first been granted permission to wear the NFNL branded gloves by the league (medical reasons) and the Club has also inspected the gloves. The umpire will sight written approval from the Club/League and inspect the gloves prior to the commencement of the game.
 - All players in Under-9 and Under-10 are permitted to wear NFNL branded gloves (subject to an approved license provider producing them).
- At any time before or during a match, a field umpire may inspect a player's boots or hands or any protective equipment that a player intends to wear or use during a match.
- Braids: If a player (male or female) has their hair braided, and it swings free from their head when the head is moved, it may cause harm to another player if struck by the braid. As such, players are not permitted on the field with free braids in their hair. Braids must be secure and not swing free. Players with plaited ponytails must either roll the plait into a bun or remove the plait and play with a loose ponytail.

Helmets

As per information outlined in the AFL Community Club's Policy, 'there is no definitive scientific evidence that helmets prevent concussion or other brain injuries in Australian football'.

Wearing of helmets may offer some protection to a player who is returning from a specific injury, such as a facial or skull injury / fractures.

It is the Club's position that the decision to wear helmets is up to the individual player.

Mouthguards

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Mouthguards provide protection in preventing injuries to the teeth and face of a player. The AFL Community Club's Policy states that mouthguards are strongly recommended.

The Club's position is that mouthguards are **compulsory** and must be worn by all players during their game. It is also the Club's position that all players will wear mouthguards during 'competitive' training drills at training sessions.

The Club operates a strict 'No Mouthguard, No Play' policy without exception.

Coaches, Trainers and Managers actively check all players for compliance and remove noncomplying players from training or game environments until such time as they comply.

The Club's priority is to deliver the highest standards of safety on and off the field at all times.

It is recommended that a mouthguard made by a dental technician or dental prosthetist be provided to players, as this type of mouthguard offers the best protection. Mouthguards purchased from a pharmacy and then molded as per the instructions may not offer the same level of protection. In some cases, they have been known to dislodge during play and may potentially block the airway.

However, it is up to the individual which mouthguard they choose to wear.

Spectacles

Players who wish to wear spectacles during matches and training sessions should wear spectacles with plastic frames and plastic lenses. A band must also hold the spectacles on securely.

2. <u>Social</u>

General

Wearing any apparel or item with the GJFC's logo enhances the profile of the Club and identifies the Club and its members within the wider community. The Club expects members, officials and supporters who wear any other items or apparel with the GJFC's logo when attending Club events and functions or if members are officially representing the Club to be exemplary in their conduct and behavior.

The apparel or other item of clothing with the GJFC's logo should be neat, clean and tidy in appearance.

Under 16s and Under 17s

As older members of the Club and therefore, role models to the younger members, all members are expected to wear any item of clothing with a sense of pride and identification. When representing the Club at events or functions either organized by the Club (e.g., On the Couch) or external organizations, it is recommended that the members wear;

- GJFC Polo shirt
- Black trousers/pants
- Black shoes

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Clothing should be clean and in good condition.

4. Related Policies

NFNL By Laws

http://nfnl.org.au/wp-content/uploads/2022/02/NFNL-By-Laws-Adopted-2022.pdf

AFL Club Help Hub https://www.afl.com.au/clubhelp

5. Modification and Review

- > The contents of this document represent the current policy and procedures of GJFC.
- > This policy is subject to a review every 2 years and will be amended appropriately.
- Amendments will be communicated to members as and when appropriate, to ensure that it remains current.

Version control

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| Version | Date | Description | Reference |
|---------|-----------|-------------|-----------|
| 0.1 | June 2022 | Draft | |
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| APPROVAL |
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| Approved by the GJFC Committee |
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| President |
| Name: Andrew Cleary |
| Date: June 2022 |